

# GET TO KNOW YOUR ED PATIENTS

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## The Stories and Life Journeys of People Who Use(d) Substances

"When I have nothing, even just giving me a smile or something goes a long way."

"Thank everyone for their hard work and doing their due diligence."

**Goal:**  
Looking forward to getting his health back on track



**MR. H**  
Musician



Music has been a part of Mr. H's life from a young age. He can simply pick up an instrument and learn the basics within a day. It was music that led him to move from his home in Alberta to Vancouver. Unfortunately, he was introduced to opioids and experienced a series of health crises as a result. He's proud of the steps he has taken to seek help despite the mental and physical challenge of doing so. He has visited the St. Paul's Emergency Department over the five years he has lived in Vancouver. He appreciated how the staff "took [his situation] seriously because they realized - he's obviously in pain". In particular, he's thankful for the quick connection to the Addiction Medicine team who restarted him on methadone which he knows will help him in the long-term. He wants to "thank everybody for their hard work and doing their due diligence. When I have nothing, even just giving me a smile goes a long way." He hopes to break out of his "loop" of addiction and start playing his music again.